



The Herb Age



APRIL/MAY 2022

NO 432



*Life is a mixture of turmeric and lemons.....
sometimes you enjoy the colours and sometimes the tanginess!*

THE HERB SOCIETY OF VICTORIA INC

www.herbsocietyvic.org.au



www.facebook.com/groups/4104516136342577

Meetup group: www.meetup.com/Herb-Society-of-Victoria/

AIMS OF THE SOCIETY

- ✿ To act as a forum for all persons interested in herbs for their mutual benefit and fellowship.
- ✿ To further the education of the public in the use, value and growing of herbs.
- ✿ To promote and encourage the organic growing of herbal plants.

Patron: Penny Woodward

HSOV COMMITTEE

President	Mary Dawson
Vice President	Lesley Northey
Vice President Membership Officer Library Coordinator	Marie Baker
Past President	June Valentine
Committee Secretary	Graham Ellis
Treasurer	Carmen Hollway
The Herb Age Editor	Meridith Hutchinson
Committee	Jan Illingworth
Committee	Heather Davies
Committee	Nigel Holmes

The Herb Society of Victoria acknowledges the traditional custodians of the land on which we join together and pay respects to elders past and present.

HSOV MONTHLY EVENTS

HSOV meets on the first Thursday evening of every month, from February to December. Monthly events often feature a guest speaker, mini-talks or event theme, like a picnic or trivia, and followed by herb refreshments.

Monthly events are held at:

- **Room MB10 Main Building.**
- Burnley campus of Melbourne University (was Burnley Horticultural College),
- 500 Yarra Blvd Richmond
- Enter from the main entrance.
- **Room is open 7.00pm for 7.30pm start**

Parking inside the grounds is often limited. There is ample parking on Yarra Boulevard, which is free after hours. Public transport access is nearby.

Next Meeting Details: See Page 4

HSOV DETAILS

ABN 22 261 579 261

PO Box 396, Camberwell,
Victoria, 3124, Australia

Bank Details to deposit payments, including membership renewals:

- BSB 633000 / Account 158914432

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THE HERB AGE

*Official Newsletter of the
Herb Society of Victoria*

Six issues published per year, covering:

- ☼ February/March
- ☼ April/May
- ☼ June/July
- ☼ August/September
- ☼ October/November
- ☼ December

Members' original contributions are warmly welcomed.

Post to:

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Emailed and posted articles

Friday 6th May 2022

The views expressed by the contributors to this newsletter are not necessarily those of the Editor or of the Committee of the Herb Society of Victoria, Inc.

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THE HERB AGE

APRIL/MAY 2022

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Cover Pic and Quote.

The cover photo is a magnificent Turmeric flower from recent Past President, June Valentine's garden, proving that it not only can be grown, but can thrive in Melbourne.

June grew this plant from a piece of fresh Turmeric picked up at the supermarket and potted out in standard potting mix. The pot placed next to her ginger plant in semi shade with morning sun, has clearly been very happy.

The quote is from Sushmita Rongpipi who is a history professor in the Assam region of India. Turmeric is an important spice in India culture, with Turmeric and Lemon in warm water a popular daily drink for good health.

It combines the antibacterial, antiviral, and antimicrobial properties of turmeric with immune system-boosting vitamin C and potassium from lemon juice.



Our Next Meetings

Burnley Horticultural College Campus
and Gardens, Burnley Room MB10

Parking inside the grounds is limited so, if possible
please park on Yarra Blvd and walk in.

Shared Supper is back on again, so please bring a plate,
herbs for tea or help out at the tea trolley at the end of the night.



Thursday 7th April 2021
General Monthly Meeting
Be Seated 7.15 for 7.30 pm Start

Guest Speaker: Jan Illingworth
Topic: Eat your Weeds

Minitalk: Meridith Hutchinson
HSOV Website and Facebook group



While food prices in the stores are rocketing up, weeds is free!
Get to know some edible weeds and their beneficial properties.
Jan has is a Naturopath and very knowledgeable on herbs and
useful plants and how they can improve our lives.



Thursday 5th May 2021
General Monthly Event
Please be seated 7.15 for 7.30 pm Start

Guest Speaker: Anne Makhijani
From: Gardens for Wildlife Victoria
Topic: Wildlife Habitat in Home Gardens

Anne Makhijani is strongly committed to conservation, biodiversity and
volunteering in Whitehorse area community projects to improve wildlife habitat.
As a member of the Gardens for Wildlife Victoria, she will be helping us with ways
to create a wildlife friendly garden.

Your New Committee

The Annual General Meeting for Year 2020/21 of The Herb Society of Victoria Inc was successfully held at Burnley College Campus, Room MB10, Thursday, 3rd March 2022. The AGM is normally held in October, but the timing has been disrupted with COVID over the last 2 years.

Just a note that organisations such as the HSOV are required to complete the AGM within 6 months of the close of the financial year (ie 30 June), except under exceptional circumstances. It is intended the AGM will return October later this year.

Welcome to our new committee, particularly our new President, Mary Dawson, who has been a member of HSOV for a relatively short time and her supporting Vice Presidents.

The new committee was elected, as below:

President:	Mary Dawson
Vice-President (2 positions):	Lesley Northey Marie Baker
Committee Secretary and HSOV Secretary:	Graham Ellis
Treasurer:	Carmen Hollway
Membership Officer:	Marie Baker
Editor:	Meridith Hutchinson
Committee:	June Valentine Heather Davies Jan Illingworth Nigel Holmes



Burnley Update

For those who have attended our resumed in person events, so lovely to see you and to be back. It has been some time since we have met, so just a reminder that we are meeting on university grounds and student classes are held on Thursday nights, during our monthly events. Please keep the noise down, particularly in the hallway and open doorways off the hallway.

We've also been asked to please not park in the red restricted zone (the driveway with the red curb leading up to the main building entrance). There is always plenty of parking on Yarra Boulevard, so if you are able to walk the short distance, please do so. Otherwise, please use the parking bays.

There is still a requirement that all attendees to the University campus must be fully vaccinated against COVID 19. As COVID restrictions are starting to ease, QR code registration is not required, but can be done if you wish. Masks are optional, but recommended. You still need to sign our HSOV attendance book as always.

We are hoping that the restrictions on vaccination status will be lifted soon to allow all our members to join together in our in-person meetings at Burnley campus, as we do appreciate that the restrictions have caused some difficulties. Until then, we will keep reaching out to our members, through our 'The Herb Age' newsletter, the Website and our Facebook group.

President's Report

Dear Herb Lovers of Victoria,

In the Spring of 2021, I was approached by the President, June Valentine, to think about becoming the next President at the AGM in December. I would like to say a special thank you to June for planting a seed that, as a relatively new member of the HSOV, I had not at that stage even contemplated.



I was introduced to the HSOV in 2019 when I was invited by Committee Member, Jan Illingworth, to come along as a guest to a General Meeting, which if I remember correctly, was the 39th Birthday celebrations of the HSOV. I was immediately enthralled by the special camaraderie and vitality amongst those attending and participating in all kinds of interesting ways through a love of and passion for herbs, plants, gardening and learning – and the generous sharing of knowledge, expertise, experience and plant cuttings. I had a fabulous time, felt very welcomed and inspired and became a member of HSOV soon after.

In 2020 our meetings continued through the lens of Zoom and everyone's efforts in making it happen. In 2021 I became a Committee Member which has been a great pleasure and a valuable learning experience. Thanks to each and all the Committee Members for the year spent together which has culminated in our recent AGM.

The HSOV held its Annual General Meeting on March 3 at Burnley College, following the invalid AGM in December 2021, and I was delighted to accept the nomination for President of the HSOV for 2022. I would like to begin by thanking all Members who were present at the AGM, and those who were unable to attend, for your interest, support, contribution, and passion in making the HSOV the vibrant association that it is today. Thank you to Beverley Narandja for your skills in taking us through the AGM nominations.

Thank you to our outgoing Committee Members who recently advised of their retirement – to Robin Calabrese, a past President, for her years of service and valuable contribution to the HSOV and to Jill Bryant, a past President, and Committee Member of some 39 years.

A special tribute to Jill's 'Life of Herbs' was presented through a photographic on-screen montage, thanks Meridith, and by the many moving tributes and memories delivered by fellow members including Marion Bond (and Colline Muir), Felicity Sigmont and Beverley Narandja, as well as written tributes from Marie Revill and Vera Williamson, read out by June Valentine. Tributes and photos were gathered by Heather Davies; it was quite a team effort. A strong theme that emerged from the tributes was that Jill 'has educated us all' not at all forgetting the public members of Victoria. As a token of our thanks Jill was presented with a Tussie Mussie and a Pinewood Nursery voucher.

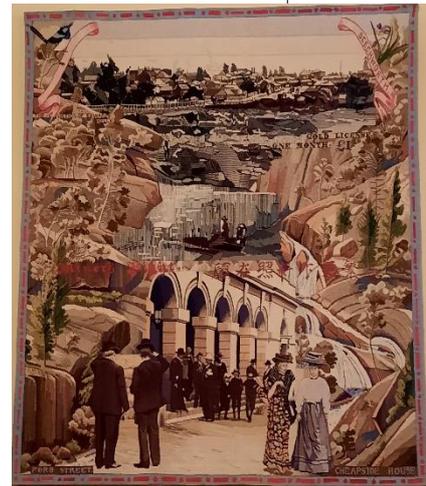
A round of applause and thank you to June Valentine who so generously and willingly stepped up as President to tide us over until the next President was established, in the end a 12-month stint, for her expertise, energy and passion throughout. A Tussie Mussie was presented to June, with thanks.

A whole-hearted thank you to the Committee, who accepted nominations on the night, for your dedication, support, ideas, energy, and humour; with special thanks to our two Vice Presidents – Marie Baker and Lesley Northey.

On behalf of the Committee and Members I would like to acknowledge with gratitude the continued support and patronage of Penny Woodward. It is much appreciated and valued, thank you Penny.

Following the AGM, I went to visit family in the beautiful town of Beechworth in the north-east of Victoria. Pictured right is the intricate Commemorative Tapestry created in 1988 and found at the Beechworth Museum. Whilst there I visited the Beechworth Farmer's Market (held on the first Saturday of every month) where I met Christine Van Ingen, a horticulturalist who has a production Nursery in Moyhu, and who had the most wonderful array of herbs for sale.

I also had the pleasure of meeting Naomi Ingleton, who is the founder of Farmacy Co, a modern-day herbal Apothecary in the main township of Beechworth. Naomi has since become a member of the HSOV and I have invited Naomi to present as a future Guest Speaker and hopefully to run a workshop as well. The HSOV extends a warm welcome to you Naomi.



My visit to Beechworth provided me with the opportunity to contemplate my term as President and what my present and future goals for the HSOV may include. Certainly, and particularly, having only recently emerged from Covid-19 lockdowns in Victoria and the many Zoom meetings that entailed there will be a focus on maintaining the Aims of the Society, as stated in *The Herb Age* (p.2). As part of that focus, I would like to revisit those aims with the Committee and the Members as to how we may like to engage, promote, and evolve the Aims of the Society in 2022 and beyond. Thinking caps on!!

I would also like to continue building on the knowledge base and legacy of the HSOV, through diversification of our Guest Speakers, workshops, events, and the education of the public in the use, value and growing of herbal plants. In the meantime, the Committee and I will be working toward holding an inspiring and successful Herb Conference in October of this year.

Finally, I would like to broaden and develop our membership base by reaching out to herb lovers and growers throughout regional Victoria.....after all, we are the Herb Society of Victoria! Which perhaps raises some food for future thought as the Society is constituted to 'encourage, assist and foster the formation and establishment of new semi-autonomous groups, to be known as 'Branches' having the same purposes and objectives and conforming to all the rules of the Society'. Could there be any better time than to have a vision of regional Herb Society branches networking around Victoria, than now?



I so look forward to meeting with you all along the way and sharing together in exciting and innovative times ahead as members of the wonderful HSOV.

At the next General Meeting on Thursday April 7 at 7.30 pm the Guest Speaker will be our Vice President, Lesley Northey, presenting the topic 'Japanese Herbs'. The Japanese use of herbs and spices can be dated back to at least the 8th and 9th Centuries. Blessed with access to a bounty of different seafoods and lush, fertile lands, Japanese cuisines mostly maintains the tradition of using herbs and spices to subtly enhance flavours, rather than being main ingredients. However, influences from Chinese medicine and later Portuguese and Dutch influences have also left their mark. Lesley will introduce some of the Japanese herbs and spices and their uses. Our Editor, Meredith Hutchinson, will be presenting the new HSOV website, not to be missed!

Hope to see you there,

Mary Dawson

President

17th Australian and New Zealand

It's ON!! After a few false starts over the last couple of years, we can confirm that the Herb Conference will be held in Melbourne in October this year. More to come as we finalise some details. YAY!!

OVERVIEW

MAIN EVENT- For General Public and Herb Societies

Saturday and Sunday 8th and 9th October – Herb Conference

Location: Burnley Campus of University of Melbourne and Burnley Gardens.

Ticket Price will include:

- Four Amazing Speakers each day
- A workshop making herb based products on one day
- Garden Tours of Burnley Gardens on alternate day
- Full Morning tea, lunch and herbal teas in the afternoon
- Herb conference bag with goodies
- Market Stalls to purchase herb and useful plants, books and products.

OPTIONAL – for Aus/NZ Herb Society members only

Friday 8th October - Welcome Dinner

More TBA - We plan to keep this very reasonably priced.

Monday 12th to Friday 16th October

More TBA Day Tours around Melbourne to herb and garden places of interest.

Ticket Price for Herb Conference Weekend:

Both days - whole Weekend

Non member - Price \$220

HSOV Members - \$180

One day only

Non member - \$120 per day

Members \$100 per day

Tickets will be available shortly through online purchase.

You may register your interest via:

- our website herbsocietyvic.org.au
- or directly via our email: theherbsocietyofvictoria@gmail.com

Prices for Optional dinner and day tours to be confirmed, but it is intended to keep these reasonable.

Remember Membership (where The Herb Age newsletter is delivered via email) is only \$26 per year for individuals and \$34 per year for a family, so encourage you friends to join up for big discounts!

Herb Conference – Melbourne 2022

MAIN EVENT

Saturday and Sunday 8th and 9th October – Herb Conference

This is open to members of the General Public, as well as Herb Society members and friends.

Location:

Burnley Campus of University of Melbourne and Burnley Gardens.

500 Yarra Boulevard, Richmond VIC 3121

- Public Transport – accessible by train and tram. Best PT access is via number 70 Tram from Flinders St in the city and about a 3 min walk from stop number 18.
- Driving – Free Car Parking is available on Yarra Boulevard.

Conference Program

4 Presentations and 1 workshop or Garden Tour.

A Market Stall area will also be open throughout the day

Saturday 8 October 2019

8.30 Open and Registration

9.00 to 9.30 – Introduction and Welcome and Housekeeping.

9.30 – Presentation 1 - Karen Sutherland

10.30 – Morning Tea - Local CWA home cooked treats with herbal tea/tea/coffee

11.00 – Presentation 2, - Penny Woodward

12.00 – Lunch, included in the ticket price, Vegan and Vegetarian options available.

1.15 - Presentation 3 - Clive Larkman

2.15 – Workshop or FOBG tour of Burnley Garden

3.00 – Afternoon herbal tea break

3.30 - Presentation 4 - Tony Hoseman

4.30 – close

Sunday 9 October 2019

8.30 Open and Registration (for Sunday only participants)

9.00 to 9.30 – Welcome

9.30 – Presentation 5 - TBA

10.30 – Morning Tea - Local CWA home cooked treats with herbal tea/tea/coffee

11.00 – Presentation 6 - Dr Brian May

12.00 – Lunch, included in the ticket price, Vegan and Vegetarian options available.

1.15 - Presentation 7 - TBA

2.15 – Workshop or FOBG tour of Burnley Garden

3.00 – Afternoon herbal tea break

3.30 - Presentation 8 - Penny Woodward

4.30 – Thankyou and close

How can you Help?

So great news, that hosting the herb conference in Melbourne can finally go ahead. We are looking to our members to be involved, and that be on sooooo many different levels.

Herb Conference Sub Committee

The sub-committee has been doing an amazing job, but we really need at least one more person to help with providing different input and views and spread the tasks. We are a very friendly bunch and meet once a month at a time that suits all, either at June's house in East Burwood or via zoom meeting. This is not part of the elected committee and will only continue until the Herb Conference is completed in October.

The Herb Conference sub-committee is currently: June Valentine, Jan Illingworth, Janine Groves, Cathryn Robinson and Meridith Hutchinson.

Market Stall

We will be setting up a Market stall area in Room MB11 (opposite our usual meeting room), which means it is under cover and has heating/cooling if needed.

We already have a few stalls booked in, but you have anything herb related and would like to sell your products at the Herb conference, where everyone there is...well interested in herbs, so a ready made market. Each stall is provided a classroom table (approx. 1.5 x .75 m)

Cost: \$20 for the weekend PLUS a product from your stall for the Raffle (As the little bird says - Cheap Cheap!)

So be an early bird and get in quick to book your stall. Please contact June Valentine or Meridith Hutchinson to enable this.

HSOV Book Stall at the Market

For some time now, many members have been asking about HSOV taking their pre-loved Herb and Garden books and magazines.

Please donate these books and magazines that have been a source of such joy for you, so we can sell them at a HSOV used books stall.

There will be a day assigned closer to the conference to categorise and price the items we collect, which you may be able to help with.

We also need volunteers to man the stall over the 2 days of the conference, so if you donate an hour or 2 or half a day that would be much appreciated.

'Man the decks' at the Herb Conference

There are only 5 people on the Herb Conference sub-committee and we just can't be everywhere over the Herb Conference weekend. We'll need volunteers for jobs like:

- Setting up Friday pm
- Taking registrations at the beginning of each day
- Guides and provide information to attendees
- Helping with parking control
- Dispensing herbal teas in the afternoons
- Manning the herbs stall or covering presenters' stalls when they are speaking
- Make presentation tussie mussies
- Packing up or resetting rooms at the end of each day.
- Assisting with day trips in the week after the conference

Share the Joy

As lovers of herbs and gardens, most of you will have a circle of likeminded souls. Share the information about the Herb Conference with them and see if they would like to join you

Bag Goodies

Attendees will receive an exclusive HSOV Herb Conference bag with all sorts of herbal and gardening goodies. Do you have any contacts for items that may go into the Herb Conference bags? This may be samples or discounted items to help create wonderful cross promotion.

Welcome visitors

Now we know this one is a piece of cake for the HSOV Herbies. When you attend the Herb Conference, we know you'll make everyone welcome, from first time herb fellows to those an equally vast wealth of knowledge from visiting Heb Societies from Australia and New Zealand.

After the last couple of years, it is such a pleasure to finally be able to share our passion for all things herbie. There are so many ways we can all pull together to make this Herb Conference fantastic. 😊

Just let any of the sub committee know that you are interested in helping on the day of leading up to the event.



Continuing on from the Herb Quiz at our December monthly event, presented by June Valentine.

For those who didn't make it, here's ...

ROUND 2

- 13 This herb has a Russian variety (not very flavoursome) and a French variety
- 14 This Moroccan spice blend translates as "best of the shop"
- 15 Rhymes with May and Hay and Day
- 16 Most popular herb in Greek cooking
- 17 Used in place of saffron to provide colour and flavour
- 18 Two girls names make up this herb (popular at ANZAC time)
- 19 Where money is made
- 20 Anagram of MARBTEOG
- 21 Common name for pimento
- 22 Cryptic clue: first word is a citrus, and the second word is an old-fashioned woman's name
- 23 What is the philosophy called when a herb's appearance indicates the part of the body it will heal?
- 24 This is often compared to horseradish and is popular in Japanese cuisine

June Valentine

Our Herbal Educator



The HSOV will celebrate our 42nd birthday this year, and for most of those Jill Bryant has been in the thick of it on the committee. This year Jill Bryant has decided not to join the HSOV committee. Yes that was quite a shock to hear, as most of us cannot remember a time in the HSOV when Jill wasn't on the committee.

We could not let this go without a very special thankyou to our longest serving committee member. We ask a few of those who know Jill to contribute to a Tribute to Jill which was held at the March month event, after the AGM. Heather Davies did a great job in collecting photos and a montage slide show was displayed during the tribute presentation. Heather also arranging tributes from several of the longer term members, some of whom spoke in person on the night, while others were unable to attend, but wanted to pass on a few words.

There is so much material to choose from, that it won't all fit in these pages, and I've added choice sections in this article. That's not to diminish from the fantastic and dedicated work of all committee members over years. People have contributed a phenomenal amount, but Jill's contribution shines above them all.

Jill joined the Herb Society November 1984 and emersed herself straight away. Her first article in the Herb Age appeared in March 1985, entitled 'Witch's Herbs' and first display at the Herb Society was in November 1985, "Floral displays of witch and anti-witch herbs". She joined the committee approx. 1986 and has become, the longest serving committee member for HSOV, a feat unlikely to be matched for a very long time, if ever!

"I spent a number of years on the Committee with Jill meeting at Marion Bonds home. On one occasion I went to an outside presentation with Jill, Jill took a basket of herbs, freshly picked from her garden that morning to share with the audience who were most appreciative. Jill has given numerous presentations for the Herb Society over the years and is always very generous with her knowledge and sharing her garden as well." Marie Revill

Jill was President for 2 lots of 2 year stints; 1990 and 1991 and then again in 1999 and 2000. Other committee roles have included Secretary, Vice President, Publicity officer, HSOV Website and Facebook administrator, as well organising the program of speakers for decades! She's also delivered dozens of presentations to HSOV and on behalf of our Society to other groups, has been involved in organising Herb Seminars and Herb Conferences and so much more. In June 2003, Jill was made a Life Member of HSOV in appreciation of dedicated service.

Jill recalls that the most noteworthy of speakers for meetings was the debate at West Hawthorn Uniting Church Hall to which 80 came. That was between the Gene Ethics Society and the company which made pesticides and Hybridised seeds which meant that farmers needed to buy new seeds from the company each year, a great expense to farmers! Another fascinating topic was 'How the Colour Mauve Changed the World', which explained how aniline dyes coloured cells, especially botanic cells for scientific analysis.

"For the best part of 25 years Jill filled the roster of speakers not only for the monthly meetings but for the annual Healing Herbs Seminars as well. What an array she produced! From erudite academics to enthusiastic amateurs following their dream and all having something of interest and worth to share. It is a huge task to undertake and it is relentless.

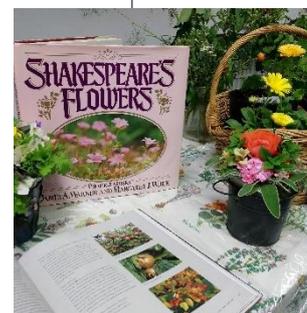


Tracking down potential speakers, agreeing on their topic, finding a mutually convenient date and then following them up again as the time got closer to check they had not double booked or gone AWOL. Some did of course with family crises and illness all adding to the challenge of filling the speakers' bill. When these gaps occurred guess who filled in sometimes at very short notice? Jill, with one of her own excellent presentations. We recall with pleasure her specialty subjects of The Herbs of Shakespeare, First Fleet Herbs and Herbal trees.

Jill did not stop at just finding the speaker and seeing to their needs but at many meetings and especially at the Seminars Jill would produce an appropriately themed display of herbs and artifacts, beautifully presented, labelled and arranged. It took hours of thought and work to put these displays together. And as for the transport of said herbs and artifact the dear old Volvo, burdened down to the axels, did sterling service. If ever a vehicle deserved HSOV life membership that station wagon more than qualified. RIP CRY 0003! For all these talks and displays down the years we are most truly appreciative and thank you Jill most sincerely for the great feast of knowledge, entertainment and discovery you provided to us." Vera Williamson



We also heard on the night from Marion Bond who read out some words from Colline Muir, who couldn't make it, as well as adding her own heart felt praises and anecdotes. Marion also presented Jill a few of her favourite magenta and purple herb crafts. Felicity Sigmont reminded us that Jill is custodian of the antique books Felicity purchased in England many years ago for the society. Jill has opened her home, where they are stored, for afternoon teas to catch up with herbie friends and read some fascinating books (although from I heard, there was more talking than reading!). We must organise another session soon!



Beverley Narandja, rounded of the speeches. She quite aptly reminded us that Jill is a born teacher and during her many years in the HSOV, she has been educating all of us. Anyone who has attended a Herb Society meeting where Jill has spoken, read any of her many articles, perused her gorgeous displays, or just had a chat with her will have come away much more knowledgeable for it.

All of those who spoke or contributed to Jill's tribute have known Jill for decades and the praises were many and heartfelt. We have all witnessed her hard work and dedication of service to HSOV and we are very much appreciated her efforts. Jill was presented with a voucher to her favourite plant nursery, as well as a big tussie mussie in magenta and purple tines, or course. Thankyou Jill. Thankyou, thankyou, thankyou.

By Meridith Hutchinson, with contributions from Marie Revill, Vera Williamson, Colline Muir, Marion Bond, Beverley Narandja and Heather Davies.



Picnic Walk with Andrew

It was a surprisingly cool night for our February picnic get together and we joined Andrew Smith for a tour of Burnley Gardens. We started at a rockery that was a pond and small waterfall designed about 100 years ago by Emily Gibson. As it a hot dry area and the rockery has deteriorated, it is now filled with succulents, not water; blue succulents representing the water.

There is a new area near the Swan St entrance drive, which is a natives meadow garden created by John Rayner. His method is to group plants into trays, each tray has 1 big 5 medium and 25 small and that tray is planted as a group to mimic a natural environment. Underneath is block mix, which free draining and holds some moisture but blocks weeds. The area includes a new sugar gum to replace the one that was heritage listed which fell down a few years ago. The new one had to be planted within 5 metres of the old under heritage rules.

Along Yarra Boulevard side are some plantings of Malvaceae from David Beardsell, who pretty much invented potting mix. There were various varieties in flower, including above.

Lastly, we saw the rock walls on Swan Street side. These were built after WW11 by returned servicemen, but fell into disrepair. They recently removed most overgrown plants, leaving the Yew tree. They have been rebuilt and replanted over about 3 years, with the concept was a colour spectrum garden.

Andrew's retirement from Melbourne University begins in March, so sadly that will be the last walking tour for HSOV from Andrew. As a thankyou for the many walks his support of HSOV over the years, we presented him with a Tussie Mussie (of course) and an honorary membership for the year, both very much appreciated. Thanks Andrew for such interesting walks around the Burnley Gardens projects over the years.

Meridith Hutchinson

Weedscan Project Reminder

We've had a reminder from the Garden Clubs Australia of the Weedscan Project currently underway, under June 2022, that relies on help form gardeners across the country, including you if you are able. This project was featured in a recent issue of the Herb Age, but as a reminder:

The project is "in support of a National Project conducted by the Centre for Invasive Species Solutions and The New South Wales Department of Primary Industries. This project aims to identify all weeds in Australia by compiling a photographic data base. It will then allow all Australians to identify any weed from its photograph and to be provided with advice on how to control or eradicate it.

At least 1000 pictures of each weed species need to be collected from locations across Australia. The database will use the photographs for identification. See also the full article in the October/November 2021 issue #429. That issue is also available on the HSOV website members' section. Please submit weed photo to [Submit your weeds photos - Weeds Australia](#)



River Plant identified

The lovely plant pictured in the last THA, issue 431, is *Humea elegans*, now known as *Calomaria marianthoides*, of the family Asteraceae. It is known as Incense plant because of the delicious, long lasting perfume of the whole plant. It is a biennial, growing to almost 2 metres. An Australian native, it is confined to S.E coastal or riverine areas as far as NSW.

We became familiar with this lovely plant when camping near the NSW border some sixty years ago. On another trip not long after we brought back a branch for a vase; it is still there.

The powdered leaves were put in a lovely pottery jar and have retained their perfume. The plant became popular in the UK when it was introduced in the 1800s.



Colline Muir

Herb Quiz Answers

ROUND 1

- 1 Q Fawlty Towers hotel manager 1 Answer: Basil
 2 Q A wise person 2 Answer: Sage
 3 Q A colour starting with the letter L 3 Answer: Lavender
 4 Q Slightly cryptic clue: The first three letters of this six letter spice is an alcoholic drink 4 Answer: Ginger
 5 Q The common name for Nepeta 5 Answer: Catmint
 6 Q Edible flowers buds which are usually pickled 6 Answer: Capers
 7 Q An indigenous herb: three P's and three R's in this 11 letter word 7 Answer: Pepperberry
 8 Q Mace is the inner kernel of this spice 8 Answer: Nutmeg
 9 Q The Colonel in Cluedo 9 Answer: Mustard
 10 Q Which measurement system is used to gauge the heat of chili peppers 10 Answer: Scoville
 11 Q The stem of this herb is crystallised and used as cake decoration 11 Answer: Angelica

ROUND 2

- 12 Q Cryptic clue: This herb is a vixen's hand covering 12 Answer: Foxglove
 13 Q This herb has a Russian variety (not very flavoursome) and a French variety 13 Answer: Tarragon
 14 Q This Moroccan spice blend translates as "best of the shop" 14 Answer: Ras el hanout
 15 Q Rhymes with May and Hay and Day 15 Answer: Bay
 16 Q Most popular herb in Greek cooking 16 Answer: Oregano
 17 Q Used in place of saffron to provide colour and flavour 17 Answer: Turmeric
 18 Q Two girls names make up this herb (popular at ANZAC time) 18 Answer: Rosemary
 19 Q Where money is made 19 Answer: Mint
 20 Q Anagram of MARBTEOG 20 Answer: Bergamot
 21 Q Common name for pimento 21 Answer: Allspice
 22 Q Cryptic clue: first word is a citrus, and the second word is an old-fashioned woman's name 22 Answer: Lemon Myrtle
 23 Q What is the philosophy called when a herb's appearance indicates the part of the body it will heal? 23 Answer: The doctrine of signatures
 24 Q This is often compared to horseradish and is popular in Japanese cuisine 24 Answer: Wasabi

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