



The Herb Age



OCTOBER/NOVEMBER 2019

NO 417



*"The flower that blooms in adversity is the most rare and beautiful of all."
Disney*

THE HERB SOCIETY OF VICTORIA INC

PO Box 396, Camberwell, Victoria, 3124, Australia

ABN 22 261 579 261

Bank Details: BSB 633000 / Account 158914432



www.herbsocietyvic.org.au
www.facebook.com/herbsocietyvic/

Meetup group: www.meetup.com/Herb-Society-of-Victoria/

AIMS OF THE SOCIETY

- ☼ To act as a forum for all persons interested in herbs for their mutual benefit and fellowship.
- ☼ To further the education of the public in the use, value and growing of herbs.
- ☼ To promote and encourage the organic growing of herbal plants.

Patron: Penny Woodward

HSOV COMMITTEE

President & The Herb Age Editor	Meridith Hutchinson
Past President	Robin Calabrese
Vice President & Website Manager	Jill Bryant
Committee Secretary	Jeanette Boyce
Treasurer	Joy Thompson
Membership Officer	Neville Kelly
Committee	June Valentine
Committee	Carmen Hollway
Committee	Annie Gargano
Committee	Jan Illingworth
Committee	Heather Davies
Library Coordinator	Marie Baker

HSOV MEETINGS

General meeting

is on the first Thursday of every month, from February to December, open 7.00pm for 7.30pm start.

At: Room MB10 Main Building. Burnley Horticultural College campus, 500 Yarra Blvd Richmond MelRef: 45 A12

Next Meetings: See Page 4

The Hills Branch

meets on the third Wednesday of the month from February to November at 7.45pm

At Belgrave Library, Reynolds Lane, Belgrave MelRef 75 F10.

Volunteers Welcome for Tussie Mussie Making

Tussie Mussie posies are made by HSOV members at a market stall to support the Collingwood Children's farm.

On the mornings of the Second Saturday of the month at the Collingwood Children's Farm Market, St Heliers Street, Abbotsford. MelRef 44 G5.

Advertising Rates	Quarter page	\$15.00	Half page	\$25.00	Full page	\$45.00
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Payment should be sent to the Treasurer at the Society's address above. Advertising copy to be sent to the Editor by page 3 deadline dates.

THE HERB AGE

*Official Newsletter of the
Herb Society of Victoria*

Six issues published per year, covering:

- ✿ February/March
- ✿ April/May
- ✿ June/July
- ✿ August/September
- ✿ October/November
- ✿ December

Members' original contributions are warmly welcomed.

Post to:

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Abbotsford 3067

Email to

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Deadline for next issue:

Emailed and posted articles
Wednesday
6th November 2019

The views expressed by the contributors to this newsletter are not necessarily those of the Editor or of the Committee of the Herb Society of Victoria, Inc.

While every effort is made to publish reliable information, the use of that information is at the discretion of the individual. The Herb Society of Victoria, Inc takes no responsibility for statements made or opinions expressed.

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THE HERB AGE

OCTOBER/NOVEMBER 2019

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Cover Pic and Quote:

Winter bloom of *Salvia wagneriana*, a fairly tall *Salvia* with a long flowering season and a stunning flower. This picture was taken by Heather Davis during the July walk and lunch, which concluded at the garden and sustainable home of Graham and Valda Ellis. See report from Carmen Hollway on page 10.

The quote is attributed to the Disney character The Emperor, Mulan.





Our Next Meetings

Burnley Horticultural College Campus
and Gardens, Burnley Mel Ref 45 A12

Parking inside the grounds is limited so, if possible
please park on Yarra Blvd and walk in.

Please bring a plate of supper per car to share after the meeting.

Thursday 3rd October, 2019

Please be seated 7.15 for 7.30 pm Start

Annual General Meeting

*The Annual General Meeting will be followed by
Mini Speakers from our members.*

Thursday 7th November, 2019

General Meeting - Please be seated 7.15 for 7.30 pm Start

Guest Speaker: Judi Forrester from Otway Herbs

Topic: The Umbrella Herbs

Umbrella Herbs and plants for sale



Judy Forrester, with hubby Ken created Otway Herbs outside Apollo Bay over 30 years ago where they grow and sell a wide variety of herbs and specialise in plants for coastal gardens. Judy's talk will focus on herbs and plants for under the canopies and there will plants for sale.

President's Report

Bring on Spring! As I write, winter is making a last fight to hold on, as spring brings on new shoots. While I can't wait for Spring to win the seasonal battle, the cool weather has meant the tulips in my front strip of garden have lasted a lovely long time. I bought the bulbs at the Melbourne Garden and Flower earlier in the year and they have turned into big bold blooms; the petals nearly as large as my hand. Note to self: next year, plant even more!



I do love Melbourne town as there is always so much happening, even over the winter months while our gardens and herbs are in hibernation. In the last couple of months, I've been to Melbourne Open House and White Night, which are both becoming enormous vents. Although I only got to see a small amount of what was on offer, they were great.

I also went to the Winter Masterpieces Exhibition at the National Gallery Victoria; this year it is China's ancient Terracotta Warriors alongside contemporary artist, Cai Guo-Qiang who paints with gunpowder. The photo, above shows a section of his huge work on Peonies, which is floor to ceiling and wraps the walls for about 15 meters. I love the way the NGV exhibitions often mix very different works with contrasting themes like this, which add much more depth and excitement to them. I've added a happy snap of another recent fashion exhibition I loved, where mannequins in stunning gowns were set amongst the paintings and sculptures.



August and September meetings had some great speakers, yet again. Unfortunately, our planned speaker for August, Dr Brian May was unable to attend, but fortunately, Jill stepped in to deliver a talk on the Herbs of Antique Prints. She had a line of potted herbs with copies of their matching antique prints, delving into the historical aspects of the herbs. We are expecting to secure Brian for Herb Conference next year, so there will be other chances to see him speak.

To introduce the sub-committee the 2020 Herb Conference, it is headed by Jill Bryant, with Janine Groves, Jan Illingworth, June Valentine and myself. If you are able to help or offer advice, please speak to any of us as any help will be appreciated.

September meeting with Stephen Collis from Wallgarden was very interesting. Stephen is the designer of the innovative and well thought through product and he was very engaging. After all the benefits he showed us of his system, I was expecting him to say the price was astronomical. Actually it was well under half the price of the inferior copies and they are Melbourne made. Stephen



For our upcoming meetings, we have the Annual General Meeting in October and a call out for new committee members as we have Jeanette and Joy leaving strategic roles vacant. More on the AGM and how you can nominate for the committee is later in the Herb Age. The October meeting will also see sales of Herb plants resumed, which includes heirloom tomatoes for those still inspired after Penny Woodward's fab talk earlier this year and her gorgeous book. I'm sure we are all looking forward to the spring weather and getting into the garden to pop those new plants in.

Meridith Hutchinson, President

October Outing and Lunch

Wednesday, 16 October 2019

Visit Mission to Seafarers, their Gardens

Lunch Bababoi Restaurant

Meet at 10am in the Mission garden

717 Flinders St Docklands, Melway Ref Map 1CD1



We will visit this Mission which has been supporting men and women from commercial ships for around 150 years. The site is strategically very important for the work of the Mission. It backs on to the Yarra River and is quite accessible for mariners coming from the docks. The building complex is an eclectic mix of styles. Considerable refurbishment work has occurred this year so that people familiar with the Mission should note the improvement works.

Our visit occurs while the 2019 Maritime Art Prize and Exhibition continues. You will be able to inspect all the artworks on display.

My suggested programme is

- ◆ Meet at 10am in the garden on the left side of the complex of buildings. We will be able to meet Maureen Scoble who has been an HSOV member and is a member of The Salvia Study Group. For some years now Maureen has volunteered to maintain the courtyard garden. Salvia plants are quite prominent in this small garden but there is quite a range of plants. Despite the problems with the site it is a very relaxing space for seafarers and other people.
- ◆ We will move inside to explore the rest of the Mission's buildings and gain a better understanding of the work of the Mission. We will be able to peruse and enjoy the paintings in the Exhibition. The buildings are relatively old but very interesting to wander through and enjoy.
- ◆ Lunch will be at Bababoi Restaurant, Shop 2, 60 Siddeley St. This is a mere 100m from the Mission. You will be able to select from Malaysian Nyonya Cuisine. Some of the choice is:
 - ◆ Acar Pancake: homemade pancake topped with pickled vegetables \$8
 - ◆ Roti Canai served with Chickpea and Lentil Dahl \$4.50
 - ◆ Curry Laksa: aromatic curry noodle soup served with Tofu or Fried Chicken \$13

Transport is Train to Southern Cross Station then a walk of 400m

Tram 70, 75 or City Circle along Flinders St to Stop D5. Trams 11 and 48 come close along Collins St.

Please advise me if you are planning to attend.

Graham Ellis

November Outing and Lunch

TUESDAY, 12th November 2019

SPECIAL EVENT

Herb Your Enthusiasm: Special Tour of the Herb Garden at the Royal Botanic Gardens, Melbourne with the Curator

Visit Royal Botanic Gardens, Herb Garden
Lunch At venue in RBG
Meet at 10am at the Visitors' Centre, Melway 2F K12, near the Shrine.

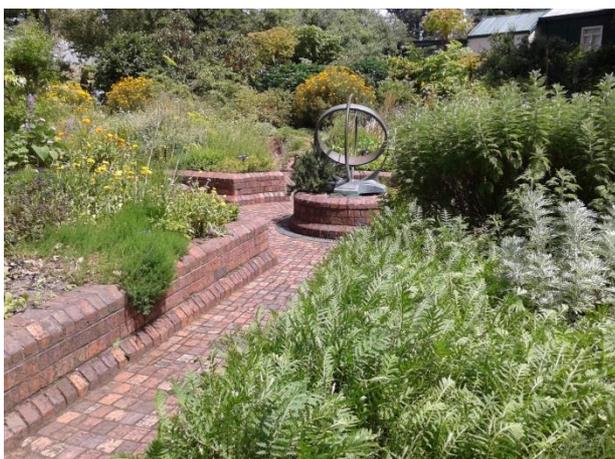


The RBG Melbourne is honouring members of the Herb Society by giving a special tour to ten members. The Curator of the Herb Garden, Renée Wierzbicki will lead this tour. Renée will delve into the collection's history, dating from the 1890's. "Discover the rare, unusual and medicinal treasures growing among familiar favourites". Hopefully one or two members who were involved in setting up the present Garden will be able to join us.

After this tour of length 1.5 hours we will be able to wander further around the Botanic Gardens while deciding where we will have lunch. Two venues are close by. **Jardin Tan** is next to the Visitors' Centre while **The Terrace** looks out onto the lake within the Gardens.

Transport is any **Tram along St Kilda Rd** (except No 1) to **Stop 19** and take the steep walk past the Shrine. Alternatively, alight at Stop 17 and take the gentler walk, but longer, up Birdwood Ave.

To be part of this tour you will need to book with me. Remember, **only 10 places are available.** Equally, if you later find that you cannot come, please advise me so that someone else can take your place.



Please advise me if you are planning to attend.

Graham Ellis

The 2019 Annual General Meeting

First and final Notice

The Annual General Meeting of the Herb Society of Victoria Inc. will be held at MB10, Main Building, BURNLEY CAMPUS, UNIVERSITY OF MELBOURNE on **Thursday, 3rd October, 2019, at 7:30 pm sharp.**

The purpose of the Annual General Meeting is to attend to the business of the Society and the Annual Election of Officers and Committee Members as defined in the **Rules 2014.**

Candidates, if unopposed, shall be declared elected at the Annual General Meeting. Where more candidates are nominated than required, voting shall be by secret ballot. Any member who is unable to attend the meeting may appoint any other financial member as proxy. The member appointing the proxy must notify the Assistant Secretary in writing before the meeting.

Our **Rules 2014** allow for up to fifteen positions on the Committee of Management including the Immediate Past President. All positions are declared vacant at the AGM.

Nominations are called for the following positions:

- President
- Vice-President (2 positions)
- Committee Secretary
- Treasurer
- Membership Officer
- Editor and
- Up to seven other members.

Two significant roles have opened up with the resignation of Jeanette Boyce and Joy Thompson, who will both be sadly missed from the committee. Many thanks to Jeanette and Joy and to the rest of the committee who continue to serve the Society. The roles vacated by Joy and Jeanette are Committee Secretary and Treasurer. It is important that all these positions be filled, hopefully with some new faces. A full complement of Committee members allows the work load for each member to be light. Remember, this is also your chance to put your stamp on the future direction of the Herb Society of Victoria.

The Committee meets on the fourth Wednesday of each month except December to organise General Meetings and other activities of the Society. Committee Meetings are conducted in a friendly atmosphere and kept as short as possible. They are held in the same room as the general meetings – ie MB10, Main Building, BURNLEY CAMPUS.

All financial members are eligible to attend the AGM and to stand for election to the Committee of Management. Nomination forms will be available on the night or to have a nomination form in advance, email a request to theherbage@outlook.com or by ringing the current Committee Secretary, Jeanette Boyce.

If you are thinking about joining the Committee but feel uncertain, please give one of the current members a call and ask just what the commitment involves. Contact numbers are on the inside front cover of The Herb Age. Positions are elected for one year at a time only so perhaps just try it for a year. Remember that many hands make light work. New members joining the Committee always bring some new energy and fresh ideas which are very welcome.

Pruning Fruit Trees

At the July Meeting, we were looking forward to hearing from 'Titch' Hanscomb from Flemings Nursery – as he had demonstrated pruning fruit trees for us a few years earlier. However, Titch was hard at work delivering a truck load of bare-rooted fruit trees to Gippsland, and consequently, was unavailable to speak to us. (No panic) Titch arranged for Jake Fleming to take his place.

Jake arrived with eight bare-rooted fruit trees of differing varieties – pear, apple, apricot, cherry and others – which he enthusiastically proceeded to prune – accompanied by a constant chatter about his experiences in the family business – including the scope (exploits) of his training.



After this entertaining presentation, Jake announced that he really didn't want to take the trees home, so he donated them to the Herb Society of Victoria. We agreed to sell them for a fixed price – proceeds going to the HSoV. We thought that Jake was an experienced hand on the speakers' circuit, so we were surprised when he admitted that this was his first try at presenting to a live audience. He's a natural.

When I first saw the weeping cherry, it had slim, pliable branches about two to three meters long. When Jake had finished pruning the tree, the branches were about 25 cm long stumps. However, Jake assured us that it would be fine – so we bought it. I am pleased to say that it has not only survived, but it seems to be thriving – as it is in blossom in our front garden. I look forward to a splendid weeping cherry in glorious bloom in years to come.

Robin Calabrese

Chickweed

Stellaria lateriflora

Description; a vigorous, succulent, creeping annual that will climb over other plants and structures up to 30cm, with small star-like white flowers at the tips. Preferring damp soils with many stems, having oval shaped small leaves, hair on the underside.

Was not used until Gerard and Culpeper, seemingly more of a tonic than a medicine as it was well liked by farm animals. Very nutritious with high vitamin C. Some herbalists recommend it for any inflammation such as with the skin diseases, eyes, boils and haemorrhoids by either making up an infusion to wash the area or applying the macerated herb to a poultice. Many itchy creams have Chickweed added, as well as in facial mud packs and shrubs. Has a cooling effect when the fresh herb is applied to red skin.

Cut as the green starts on the stem when flowering to use fresh to make a salad crunchy or added to smoothies for extra nutrition. Many old time recipes have Chickweed added to boiled meats especially if very fatty as it made it more digestible. Brandy added to fresh herb, given as a glass can help colds and coughs. Chickweeds fleshiness makes it a little difficult to dry, but laid out on calico in a warm airy place makes it possible. Then it can be used in tea for stomach upsets or just for a mild refreshing cup.



Jan Illingworth

Walking the Talk

Riversdale Park walk and tour of the Ellis family's sustainable house.



Over 20 members of the Herb Society gathered in July at the platform 1 cafe at Riversdale Railway Station for a sociable coffee before setting off to explore Riversdale Park. This the largest attendance to Grahams walks. No doubt due to the interest in the chance to see Graham's unique home.

We began the tour with a walk through Riversdale Park. I've been to this park so many times to play tennis of a night time at East Camberwell tennis club, which is nestled in the middle of the park. However, I've never opportunity to explore the area at day time.

Many mature trees are the park where identified by Graham. A giant cedrus atlantica glauca, beautiful white ceders, Pepper tree, Ash, Willow Myrtle, Rhys pebdulina or a white karre are but a few of the advance trees in the garden.

The avenue of Queens Palms stand tall at the eastern end of the park at what was once the entrance for a public swimming pool that was established 1926. The land has now been handed to the nearby school, but the palms remain.

The eastern border is beautifully put together with light blue compact rosemary (which I'm now growing cuttings of), agave, viburnum tinus, bay lairs noblis, apple malus ioensis, berberis vulgarise australia and so much more in lovely mix of colour a shape and form.

Following a saunter through the garden we adjourned to the Ellis Residence in Canterbury. Boasting a 9 Star environmental rating, it was completed in 2016. The home has been carefully designed to minimise resource use over the years to come.



Some of the ways in which this has been achieved has been to stabilise the inside temperatures, reducing the need for heating or cooling. To do this the home has double glazed windows from Rylock windows, Melbourne, throughout. They are purposely facing mostly to the north, with a few to the south. The purpose of north facing windows is to let as much of Melbourne's winter sunshine in whilst the large eaves are utilised for summer shading. All east windows have blinds for summer use. There are minimal windows to east and west.

The interior walls of the Ellis home are exposed brick and the floors are polished cement, to help even out the temperatures. To soften walking on cement, they have chosen sustainable bamboo flooring, further preventing drafts and heat loss. When exhaust fans are off, baffles close to prevent air exchange and further heat loss.

They have carefully selected materials to use inside to enhance the air that they breathe. The materials used to construct the kitchen cupboards and wardrobes are made from Australian materials which is low in formaldehyde. The house is all electric to reduce gas fumes, using induction cooking to ensure clean cooking. Even details such as sealants used have been carefully considered to ensure that they have low volatile organic compounds (VOC)

To enhance ventilation the home has low windows opening to the west to collect prevailing breeze. High windows open to the east to draw out hot air.

Water saving strategies include collecting rainwater in two tanks for garden use as well as in basins and toilets. They recycle water from the first run of hot water to another tank which is reused. Flow from the washing machine and showers is Heating is mostly passive with the collection of sun through northern windows, with an effective wood heater for a cosy winter boost. Although the home does have reverse cycle air-conditioning, its use is limited by the use of ceiling fans.

Solar panels are on the roof and provide up to 5kW of electricity. Appliances have been chosen to reduce electricity consumption. A Sanden heat pump provides hot water 4 1/2 times more efficiently than a resistance heater. Led lights throughout are also aimed at reduced electricity consumption.

The decking around the house is from Ekodeck which is made from reclaimed timber and plastic. The outside entertainment area has retractable blinds for use in summer.



Not only does the Ellis residence manage to perform well with minimal impact, It is also a beautiful cosy light drenched home. With the light pouring through the windows, it feels instantly inviting and homely. Through the many windows is perfectly framed views of the family garden. With masses of yellow daisies, salvias and a few cheeky vegetables such as broad beans and cabbages, this garden packs a lot into a small block.

Many of the Herbies where treated to cuttings of some of the salvias in the garden. My cutting is looking promising and I can only hope it continues.

Most interesting was to see the established trees such as wattles, the best orange tree this side of Melbourne, a walnut tree and a giant ironbark gum. The taller trees increase the vista and create interest for the eye and sense of open space in inner suburban environment.

Graham assures as that the garden is visited by much wildlife, welcomed and otherwise. Thornbills, spotted pardelotes, eastern spine bills, wattlebirds, rainbow lorikeets, eastern rosellas, magpies, burrawongs, tawny frogmouths, are only a selection of the birds that frequent the garden. There are many lizards such as the skink and the marbled gecko that thrive in the diverse garden which has a healthy biodiversity of insects. Ringtail and Brushtail possums also attend the menagerie.

Many thanks to Graham and Valda for opening their home. We had a delightful afternoon.



Carmen Holloway



Herb Trees Again

The Lime leaves used in cooking are from the Kaffir Lime, now termed the Makrut Lime, as the word Kaffir has negative associations. Its botanic name is *Citrus hystrix*. My plant is two years old and is now in a larger pot. It faces north on the shelf of my front verandah, but in the hottest months I keep it in a less sunny spot. The leaves are glossy and now the tips are burgundy with new growth. The oil and juice of this lime is god for oral health. The oil is used in skin care products, helping tighten saggy skin. The oil is insect repellent and sweetens the air when added to water and sprayed. Here is a photo of the leaves.



Citrus hystrix



Citrus australasica and its "Caviar" fruit



Pelargonium "Mable Grey"

Another citrus tree is the Native Finger Lime *Citrus australasica*. The pod like fruit is like a tiny zucchini, but inside are rows of tiny reddish pink globules which taste pleasantly sour. Their appearance has given them the name of Caviar Lime. My plant is four years old. The thorny branches are really sharp, while the leaves are glossy and small. When it grows large it will afford a haven for small birds. It is native to Queensland and northern New South Wales. It grows in the ground, facing north, but until now has had too much shade. I removed the Kangaroo Apple bush last week so the Lime will have more sun. In four years it had only one white flower!

Pelargonium "Mable Grey" this plant is usually termed a bush, but my plant is over one metre tall. The bright green leaves are rough with heavy veins and large with serrations. The lemon scent and flavour is by far the most intense of all citrus trees and herbs. I soak the leaves in water, place the lemon water in a sprayer for scenting the bathroom and all the rooms in summer. Such a fresh aroma. The leaves give a fragrant bath. One small leaf under a plain cake will give it a lemon flavour. Be sparing, as a little is sufficient. It is easy to strike a new plant in autumn.



Lemon Verbena *Aloysia citriodora* or *Lippia triphylla*. Again, this bush has grown into a small tree, but now, having been well pruned is a quarter of its usual size. The leaves are long and have strong veins. The flowers are tiny, white and are arranged on fine stems in groups. They brown off in a hot wind or in strong sun. The leaves are aromatic and as all herb enthusiasts know, make a refreshing herb tea. For a variation, in Summer, make a tea, cool it and later add ice blocks each including a fresh lemon verbena leaf. Some tonic or soda water give a buzz. The tea aids digestion, helps lessen congestion, promotes relaxation and sleep and so assists the nervous system and total well being.

**AUDIT REPORT TO THE MEMBERS OF
HERB SOCIETY OF VICTORIA INC.
FINANCIAL YEAR ENDING 30 JUNE 2019**

Audit Scope

I have audited the attached financial report including profit & loss statement and balance sheet of Herb Society of Victoria Inc. for the year ended 30 June 2019 in accordance with Australian Auditing Standards. The Herb Society of Victoria Inc. Committee is responsible for the maintenance of its books and accounts and my audit included an examination on a test basis of the information and documentation held to support the financial transactions disclosed in the Herb Society of Victoria Inc. books and accounts and did not extend beyond the information contained therein. My audit examination of income in relation to fundraising, memberships, donations etc was unable to establish whether all income received was brought to account beyond the amounts disclosed in the bank statements and accompanying financial statements. The audit procedures were conducted to form an opinion, whether in all material aspects, the financial report presents fairly the transactions of the Herb Society of Victoria Inc.

The financial report has been prepared for distribution to member and to fulfill the reporting requirements of Herb Society of Victoria Inc. in accordance with the Associations Incorporation Reform Act 2012 (Vic). Attached find statements of Profit & Loss and Balance Sheet for the financial year ended 30 June 2019.

I disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates, to any person other than the members of Herb Society of Victoria Inc. or any purpose other than that for which it was prepared.

Audit Opinion

In my opinion the financial statements within the audit scope detailed above present a true and fair view of the financial position of Herb Society of Victoria Inc. for the period 1 July 2017 to 30 June 2018.

Maurice Leslie Molan

F CPA

683 Queensbury Street
NORTH MELBOURNE VIC 3051
21 October, 2018

HERB SOCIETY OF VICTORIA INC.

Profit & Loss Statement For the year ended 30 June 2019

	2019	2018
INCOME		\$
Interest Received Bendigo Term Deposit	1680	
Interest Received	38	43
Membership/Subscriptions	1304	8,285
Monthly Door		56
Raffle	417	618
Workshops	10	
Sale of Plants/Seeds/Books	407	13,785
Trading Table	0	10
Bus Trips	0	140
TOTAL INCOME	3856	22,937
EXPENSES		\$
Administration - Stat Supplies	0	107
Accounting	0	825
Bank Charges	9	12
Donations	400	200
Equipment (Rental/Purch Display)	0	2,175
General Expenses	239	802
Insurance	314	418
Petrol	0	117
Postage	631	1,570
Printing - Other	0	2,102
Printing THA (& Salvia News 2018)	1931	5,084
Purchases - Plants, Soil, Tags, Pots	476	6,932
Speakers Fees	800	800
Subscriptions	135	80
Water	0	350
Website Expenses	2582	968
TOTAL EXPENSES	7517	22,542
NET PROFIT/LOSS	-3661	395

HERB SOCIETY OF VICTORIA INC.

Balance Sheet For the year ended 30 June 2019

	2019	2018
MEMBERS FUNDS	\$	\$
Funds at Beginning of Year	51,813	51,418
Funds Transferred to Salvia Group	13,661	-
Net Profit/(Loss)	(3,661)	395
FUNDS AT YEAR END	61,813	51,813
Represented by:	2019	2018
ASSETS	\$	\$
Cash on hand: Main Branch	29	29
Cash at Bank: Bendigo Bank	2,782	7,323
Bendigo Bank: Term Deposit	31,680	30,000
Cash on Hand: Belgrave Branch (Salvia Group)	-	82
Cash at Bank (Salvia Group)	-	14,281
Cash at Bank: Belgrave (Salvia group)	-	98
TOTAL ASSETS	34,491	51,813



Herb Sales

Plant sales have proved very popular this and now that spring has sprung, we will resume them at the October General Meeting. As a reminder, we buy wholesale from Renaissance Herbs and sell at much under retail price for our members, with the main aim to provide a service for our members. Plants are sold at flat rates for all pots:

- Members price \$3.50 each or 3 for \$10
- Non members price \$4 each.

Below is the plant list, as at 9 September which may be subject to change. Please advise your preference for herbs to order. It helps to know what you are interested in and we'll do our best to offer them at the next meeting.

Please send order requests by Friday September 27th by email to theherbage@outlook.com o

<i>Common Herbs 9.5cm</i>	<i>General Herbs 9.5cm</i>
Chives	Celeriac
Chives Garlic	Celery Leaf
Coriander Common	Chamomile Flowering Lawn
Dill	Chamomile German
Mint Common	Chard Golden
Oregano Common	Chard Rainbow
Parsley Curly	Chard Ruby
Parsley Italian	Chard Swiss
Rosemary Common	Chicory Long Green
Sage Common	Chicory Red Rib
Thyme Common	Chop Suey Greens
<i>Taste of Asia 9.5cm</i>	Cineraria Silver Dust
Chop Suey Greens	Coriander Vietnamese
Coriander Vietnamese	Corn Salad
Mizuna	Cress Land
Mizuna Red	Cress Lebanese
<i>General Herbs 9.5cm</i>	Fennel Florence
Aloe Black Gem	Kalette Green
Anise	Lovage
Artemisia Lad's Love (Cola Plant)	Mint Apple
Arthritis Herb [Pennywort]	Mint Berries and Cream
Artichoke Globe	Mint Chocolate
Artichoke Globe Purple	Mint English Lamb (Spanish)
Asparagus Purple	Mint Ginger
Bean Broad	Mint Grapefruit
Beetroot Baby	Mint Horsemint
Beetroot Bull's Blood	Mint Julep
Beetroot Cream Rings	Mint Lemon
Beetroot Golden	Mint Moroccan
Bergamot Lemon	Mint Peppermint
Borage	Mint Swiss
Borage White - NEW	Mizuna
Burdock Greater	Mizuna Red
Calendula 'Orange Salad'	Mustard Greens [Red Giant]
Caraway	Onion Red Bunching
Carrot Cosmic Purple	Onion Spring

Tomatoes 9.5cm <i>I = Indeterminate D = Determinate HY = Hybrid HL = Heirloom MHL = Modern Heirloom</i>	Salvias
Tomato Adelaide Festival D / MHL	Salvia Crug Cream
Tomato Aunt Ruby's German Green I / HY	Salvia Fingrove
Tomato Beefsteak I / HY	Salvia involucrata Pink Icicles
Tomato Berkeley Tie Die I / MHL	Salvia Margaret Arnold
Tomato Blue Beauty I / MHL	Salvia Phyllis Fancy
Tomato Burnley Bounty I / HY	Salvia Sensation Blue
Tomato Cherry D / HY	Salvia Timboon
Tomato Cherry Roma D / HL	Salvia x superba Merleau Blue
Tomato Grosse Lisse I / HY	Salvia x superba Merleau Rose
Tomato Indigo Rose I / MHL	Common Herbs 9.5cm
Tomato Mama Mia I / MHL	Oregano Hot n Spicy
Tomato Moneymaker I / HY	Pelargonium Scented 10cm
Tomato Patio D / HY	Pennyroyal
Tomato Pineapple I / HY	Petlovers Cat Grass
Tomato Red Fig I / HL	Petlovers Cat Mint
Tomato Red Russian D / HL	Petlovers Cat Mint White
Tomato Roma D / HY	Petlovers Cat Nip
Tomato Rouge de Marmande I / HL	Petlovers Cat Nip Lemon
Tomato San Marzano I / HY	PickleMe Beetroot
Tomato Siberian I / HL	Radish Black
Tomato Sturdy Jo D / HY	Radish Fire Candle
Tomato Sugar Lump D / HL	Radish Fire Candle
Tomato Sweetie I / HY	Radish Rainbow
Tomato Tigerella I / HL	Rhubarb
Tomato Tommy Toe Red I / HL	Rocket Salad
Maxi Herbs 10cm	Rocket Sweet
Basil Perennial	Rocket Wild
Brahmi The Memory Herb	Rosemary Gorza
Geranium Chocolate Mint	Rosemary Herb Cottage
Geranium Cinnamom Leaf	Rosemary Huntingdon Carpet
Geranium Nutmeg	Rosemary Pink
Geranium Órange Peel	Rosemary Tuscan Blue
Geranium Peppermint	Sage Golden Pineapple
Geranium Pine	Sage Golden Variegated
Olive Herb	Savory Summer
Potato Sweet Golden	Soapwort
Potato Sweet Purple Flesh	Society Garlic
Sage White	Sorrel English(Garden)
Stevia	Sorrel Red Veined
Chilli Mild (Scoville Heat Units 1k - 39k)	Spinach Baby
Chilli Hot Banana	Spinach English
Chilli Hot Burrito	Strawberry Alpine Red
Chilli Hot Red Cherry	Tansy
Chilli Jalapeno	Tarragon French
Chilli Salsa	Thyme Creeping Crimson
Salvias	Thyme Creeping White
Salvia African Sky	Thyme Lemon
Salvia Black Knight	Thyme Moroccan Woolly
Salvia chamaedryoides Marine Blue	Thyme Silver Posie
Salvia Coral Delight	Vitamin Green

The Good Oil

*In these days on antibiotics,
 When we are branded as a bunch of neurotics,
 It may do us good to go back to the ways,
 That they coped with things in Great Great Grandma's days.
 Of course they had pills and cures by the score,
 All procurable at the General Store,
 But what did they do about the cut or the boil?
 Why, just give a dab with "The Good Oil".
 It may sting a bit but don't make a fuss,
 After all it is good, it is our Eucalyptus,
 You can put it on this, rub it on that,
 A wonderful thing to dab on that howling tomcat.
 It will dampen his ardour, and make him retire,
 When he feels that his tail is just one big fire.
 You can put it on warts, or it on bruises,
 In fact there is not end to its wonderful uses.
 If Great Great Grandpa's back got out of plumb,
 Just rub it with "The Good Oil", maybe spill a drop on his bum.
 Next day he'll be fine, all okie-dokie,
 Ready to climb the highest tree.
 The doctors may scoff, say it's all in the mind,
 But Great Great Grandma will tell you it's a wonderful find.
 So here's to "The Good Oil" that will cure diseases,
 Put a drop on sugar to stop those sneezes,
 If a nut has gone rusty and ever so tight,
 Just cover it with "The Good Oil" and leave overnight,
 In the morning you'll move it, oh well, maybe,
 But I'll still take my hat off to that Eucalyptus tree.*



Provided by June Valentine, author unknown

Tea Roster

OCTOBER Heather Davies
Jan Illingworth

NOVEMBER **Volunteers on the night please**

DECEMBER **Volunteers on the night please**



Please bring fresh herbs for the tea pots if possible.
Thank you to all our willing helpers. Your extra effort is very much appreciated.

Archive call out for Committee Minutes

As people have been downsizing, some documents from the early days of the Herb Society of Victoria have been coming into the committee. Graham Ellis has volunteered to sort and archive, for which many thanks are in order.

The library has all past Herb Ages, which are periodically bound into covered books and are available for any members to look through. So, while we have been receiving copies of old Herb Age newsletters from members, these are not the priority. In fact, these additional copies of the old Herb Ages are available to for anyone to take home to 'recycle read'. These older newsletters are still packed with lots of relevant and interesting herb information, so please let us know if you would like to take some and we'll make them available at our meetings.



What is missing for the archive, are some of the old committee minutes. Graham has been able to source a great majority of them, but there are some periods still required. The very old minutes copies from the 1980's were definitely only on paper (remember when everything had to be typed with carbon paper between layers of typing paper to make copies!).



However in more recent years, the minutes could be in hard or soft copy form and either would be appreciated. Everything from 2009 onwards is complete, but there are just a few gaps in the years before 2009.

If you involved with the committee in the past and have old minutes available, can you please contact Graham Ellis to see if you can help him fill the gaps.

If undeliverable, return to:
HSOV
PO Box 396
CAMBERWELL VIC 3124

The Herb Age

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