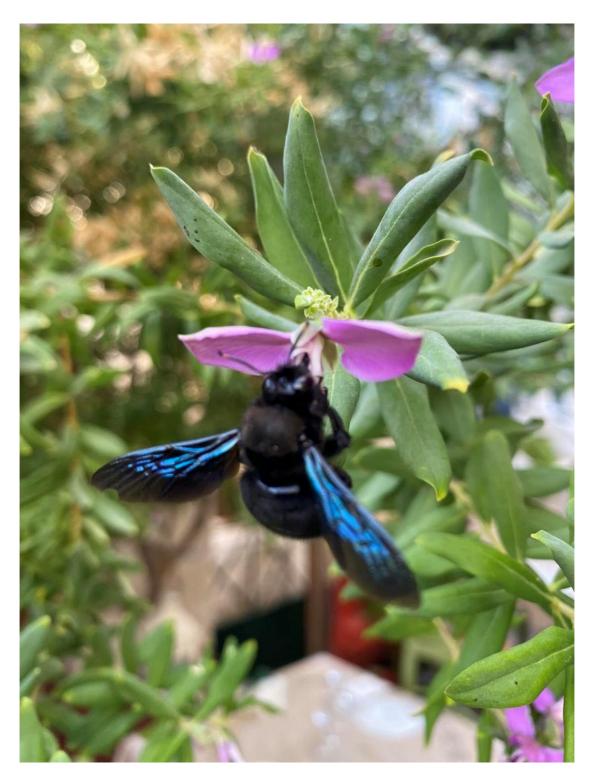


The Herb Age



DECEMBER 2023 NO 442



"Found this beautiful Greek bumble bee in a side street in Samos" Jan Illingworth

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THE HERB SOCIETY OF VICTORIA INC

www.herbsocietyvic.org.au



www.facebook.com/groups/4104516136342577

Meetup group: www.meetup.com/Herb-Society-of-Victoria/

AIMS OF THE SOCIETY

- * To act as a forum for all persons interested in herbs for their mutual benefit and fellowship.
- * To further the education of the public in the use, value and growing of herbs.
- To promote and encourage the organic growing of herbal plants.

Patron: Penny Woodward

HSOV COMMITTEE

President Jan Illingworth

Vice President Vacant

Committee Secretary Sam Taylor

Treasurer Carmen Hollway

The Herb Age Editor Naomi Ingleton

(Assisting) Meridith Hutchinson

Membership Officer Vacant

(Acting) Marie Baker

Committee June Valentine

Committee Nigel Holmes

Committee Lesley Northey

Committee Justine McDonough

The Herb Society of Victoria acknowledges the traditional custodians of the land on which we join together and pay respects to Elders past, present and yet to emerge.

HSOV MONTHLY EVENTS

HSOV meets on the first Thursday evening of every month, from February to December. Monthly events often feature a guest speaker, mini-talks or event theme, like a picnic or trivia, and followed by herb refreshments.

Monthly events are held at:

- Room MB10 Main Building
- Burnley campus of Melbourne University (was Burnley Horticultural College)
- 500 Yarra Blvd Richmond
- Enter MB building from the main entrance
- Room is open 7.00pm for 7.30pm start

Parking inside the grounds is often limited. There is ample parking on Yarra Boulevard, which is free after hours. Public transport access is nearby.

Next Meeting Details: See Page 4

HSOV DETAILS

ABN 22 261 579 261

PO Box 396, Camberwell, Victoria, 3124, Australia

Bank Details to deposit payments, including membership renewals:

BSB 633000 / Account 158914432

Membership can also be paid via Try Booking link: https://www.trybooking.com/CHUGD

Advertising Rates Quarter page \$15.00 Half page \$25.00 Full page \$45.00

Payment should be sent to the Treasurer at the Society's address above. Advertising copy to be sent to the Editor by page 3 deadline dates.

THE HERB AGE

Official Newsletter of the Herb Society of Victoria

Six issues published per year, covering:

- * August/September
- October/November
- * December

Members' original contributions are warmly welcomed.

Post to:

Meridith Hutchinson The Editor, The Herb Age PO Box 396 Camberwell 3124

Email to

theherbage@outlook.com

Deadline for next issue: Emailed and posted articles

Thursday 18th January 2024

The views expressed by the contributors to this newsletter are not necessarily those of the Editor or of the Committee of the Herb Society of Victoria, Inc.

While every effort is made to publish reliable information, the use of that information is at the discretion of the individual. The Herb Society of Victoria, Inc takes no responsibility for statements made or opinions expressed.

The Herb Society of Victoria Inc does not offer treatment advice for medical conditions.

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THE HERB AGE

DECEMBER 2023

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Cover pic and quote:

The Cover photo was taken by our wonderful President, Jan Illingworth, together with the quote she added to it on the HSOV Facebook group. What an impressive shot! And what a fantastic trip Jan had, visiting parks and gardens off most tourist maps. For this President's report, see highlights from her travelogue.

Jan returned to Melbourne just before the Herb Workshop late October (thank goodness there were no flight delays!). Virtually straight off the plane to bake scones for the Workshop afternoon tea, where she delivered a key presentation. I keep looking to see where her Superwoman cape is tucked in!

Jan was still journeying through Greece when our AGM was run at the beginning of October. Despite being half way across the world, she nominated and was reelected to be President and sent a brief Presidential welcome to the new committee. And speaking of new committee. The Annual General Meeting held in October has seen a few new fresh faces join with many of the experienced team to form the latest wonderful committee. The committee is listed on inside front cover and the AGM report is on page ?? Looking forward to seeing what direction new ideas will take HSOV to.

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Our December Event

Burnley Horticultural College Campus and Gardens, Burnley Room MB10

There may be parking inside the grounds as the scholastic year ends. Otherwise please park on Yarra Blvd and walk in.

Please bring a plate for shared supper, herbs for tea or help at the tea trolley at the end of the main event.

Thursday 7th December 2023

Pre- Event Picnic From 6.00 to about 7.15pm

For those who can make it a little earlier, join in an end of year picnic get together.

Meet at the Sugar Gum Tree Table (near the Herb Garden) BYO plate to share.







Main Event - Please be seated 7.15 for 7.30 pm Start

Guest Speaker: Shahni Hance

Topic: Wedding Flowers and Herbs through the Ages

Bring: Family wedding photos

PLUS: Herb plants and soaps for sale



Shahni is a florist extraordinaire and was a HSOV committee member a few years ago before moving to country Victoria. Some will no doubt remember Shahni, as warm and engaging with an infectious smile. Others may recall her incredibly intricate and amazing displays at each monthly meeting event. Or the fabulous herb and spice hat she whipped up for the July 2018 meeting.

With the season for family celebrations in the air, let's reminisce on your family big events through wedding photos. Tonight's meeting will show how wedding bouquets and flowers have developed over the decades, by exploring your family snaps to compare different styles. Much more interesting than the Windsor family wedding pics no doubt! Shahni will put her skills to the test using herbs to create bouquets of the past and present.

State Rose Garden Visit – Sunday 26 Nov

A reminder that we have the Rose Garden tour booked very soon!

Car Pooling Call Out:

We have a few people looking for some help getting there, even if it's getting that last step from Werribee train station.

Are you able to help by offering a lift?

If you can help, please text Meridith Hutchinson on email on theherbage@outlook.com.

When: Sunday 26th November.

Time: Meet at 10.45am, Starts 11am

Meet at: the Entrance Archway, next to the carpark (Gate A)

What: Guided tour of the Victoria State Rose Garden Where: Victoria State Rose Garden at Werribee Park,

Gate 2, K Rd, Werribee South

Cost: A small charge for the guide, entry to the gardens is free.

- o \$5 for HSOV members
- o \$10 for non-members

Book online at www.trybooking.com/CLTFJ

Or contact Meridith.

Plus: BYO lunch for afterwards for those who want to further enjoy the gardens.

Important: BYO drinks and refreshments. HSOV will provide bottled water and a few nibbles, as there are no places to purchase food or drinks at the Rose Garden.

HSOV has arranged a guide to take us through this extensive and award winning garden. With over 5,000 roses plants, the hardest part will be narrowing down which one is your favourite.

Getting There:

- O Driving: The Car Park near the Rose Garden Entrance Arch is best accessed from K Road (Yes, the name of the road is simply "K").
- Public Transport: Please check the PTV website. There is bus stop to the Werribee Mansion/Rose Garden. However, at time of publishing the THA, the bus route has been diverted; the closest stop is a 15 minute walk (940 m) away. (So, drivers, please help with offering a lift to PT users if you can)



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President's Report

All this was written from Greece and Cyress during my big trip.

Firstly, (and this is out of sequence, as this message following the AGM).....a great Greek greeting to Leslie, Justine, Sam and Naomi for joining our committee and community team (with June, Carmen, Nigel and myself) making it more awesome. Will miss and thanks to Graham and Marie for keeping us up with the paper work and other arisings. Good team work. Yassou

To my Odyssey. Q: When is three months travelling barely enough? A: When visiting Greece and Cypress. Here's some of the botanical highlights.

August – the National Gardens. As Monte Don was saying it is a nice shady spot in boiling late summer Athens. That is because it is full of trees like this massive Eucalyptus. Not much other flora, but it did have a rock of turtles! September - Impressed with pine trees growing at Epidavros, one of the 400BC health resorts south of Athens. The Roman baths and some of their herbs are my cup of tea for sure.









Mastic trees only grow on the Greek island of Chios. Over the summer months Pistacia lentiscus leaks out a clear resin from the rough bark. It is collected primarily for chewing gum as it does not dissolve. Calcium carbonate is sprinkled under the tree to prevent dirt and can be sieved away from the resin. All this makes it very expensive and has improved Chios's wealth. A small tree with glossy leaves and red berries that are very tart but edible. A truly unique tree.







Said to be the 2017 best street in the world, Molyvos, Lesbos, this meandering, cobbled street has Wisteria growing over it. Some of the trunks are 500mm, so really really old. Nice and cool, though not in flower now, being Autumn, but below pic is what it would look like in Spring. Planted in 1813, this Plane tree is a lovely shady spot to have a cold beer in the south of Lesbos.











Following on from the talk about cemetery gardens and while this little one looking out over the harbour in Patmos has got the obligatory cypress, all the plots have pots on the them, especially basil which grows to enormous heights here. A lovely place to rest

October Found the biggest basil yet. (Ed Note: Yes – that Basil growing in an old tin is taller than Jan! – love the gourds hanging on the door and the background street planting lemon tree.)









Bit old and decrepit, but this Plane tree is said to be planted by the man himself Hippocrates. Considering his life was from 460-370BC it may be a stretch. Born on Kos, the father of medicine, is revered by anyone in health esp as he documented more than 300 herbs, and, look he got to over 90 so they must be good!









Cyprus, much more fertile, having less rocks and more rain than Greece. After Polis on the coast and finding a lovely herb garden with a cafe and an olive tree planted by Aphrodite we went up into the hills (pic above, right). Very lush with skiing winter and cool nature walks in summer. Apparently 70 plants endemic to Cyprus alone which I had to enjoy. There was a botanical garden reclaimed from an asbestos mine and a 500 year old Juniper tree (below far right - they have 3 species of Juniper in this Troodos area).











PS: Home - Grieving for Greece! Going through all their street trees and despite the uneven Roman footpaths, one can nearly forgive the growing of a tree in the middle of an already skinny walkway. Piraeus had massive gums all around the coast which our Aussie Irish friend got really homesick about. Diverse trees particular to different areas and no Olives as I reckon they have enough in paddocks! Hope you enjoyed trekking with me.

Jan Illingworth, President

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AGM Report

First and Final notice of Annual General Meeting final tasks - Thursday 7th December at 7.30pm.

On Thursday 5th October, most of the official tasks for the AGM were held. The AGM was adjourned to the December meeting (as it could not be held in November, due to the market night). There is one item to be concluded, which is the Treasurer's Annual Report. A mix up with publishing meant it was not available in time for the AGM meeting in October. Please see pages 15 and 16 of this Herb Age issue for the 2022/23 financial reports and apologies for any inconvenience caused.

This is first and final notice, of the intention to conclude the AGM business at the December meeting - Thursday 7th December at 7.30pm. It is expected this will take a few minutes before the guest speaker.

Many thanks to those who attended or sent in proxy votes for the October AGM and to Graham Ellis who officiated the meeting. Many thanks also, of course, to the outgoing, returned and newly elected committee members. Thanks to Sam for accepting the role of committee Secretary, vacated by Graham Ellis, who did a great job and continued in an acting role for some time after retiring from the role.

The following members were elected unopposed:

President Jan Illingworth

Vice President Vacant
Secretary Sam Taylor
Treasurer Carmen Hollway

Herb Age Editor Vacant* (Naomi Ingleton)

Membership officer Vacant**

General Committee Lesley Northey

Justine McDonough

Nigel Holmes
June Valentine
Naomi Ingleton

- ** Membership officer. Marie Baker has retired from the committee, but will continue to perform the membership officer activities until the role is filled. Thankyou Marie for the wonderful service you provided on the committee, particularly in re-organising and consolidating the membership database.
- * Editor. At the AGM, Naomi considered the Editor position and has since confirmed she will accept the role. There will be some transition as Meridith Hutchinson hands over to Naomi.

Ed Note: My personal congratulations to Naomi, who be an amazing Editor, as she is with all that she tackles. With her entrepreneurial, herbalist and practical skills, I'm sure she will bring a renewed approach to the Herb Age. Thank you so much to all who have supported me over the last 12 years as I have pottered away at the Editor role; it has been very rewarding.

Please continue to be supportive of your friendly Editor by providing Naomi with LOTS of ARTICLES, small or large, they are all valued. Please email articles to the herbage@outlook.com, before the deadline on page 3 of the THA, preferably with a photo or 2 and not subject to copyright. Remember, what interests you in the world of herbs, is bound to interest others and knowledge is only of value when it is shared.

Congratulations to our new committee; what a great to a mix of new and experienced members.



The Herb Society of Victoria would like to warmly welcome our newest members. You will now be able to log into the website Members section with your email address. Any problems, please contact Meridith at theherbage@outlook.com or your friendly new committee.

Hi Xi

Dianne Randall

Kim Hayes

Edwina Landale

Shona Hoyle

Elizabeth Soto Araneda

We have already seen most of you at events. Hope you enjoyed them and we hope to see you all soon. Welcome. ©

Where's Rohan?

Does anyone know Rohan Phillips? He bought a Tussie Mussie at my stall at the market night on Nov 2nd and left his money there. Rohan was accompanied on the night by Jacinta Davey, for whom the Tussie was given. Unfortunately, they were well gone by the time I realised. I'd love to track Rohan down to return his cash.

If you know either of them, please contact me on 0419311883 or pass my contact details on to them. Thankyou Meridith Hutchinson



Queensland Fruit Fly

At the October meeting, Phil Crohn made an announcement alerting members to the Queensland Fruit Fly (QFF). This little pest has ignored its name and has travelled far south in search of tasty treats. Phil distributed brochures from Agriculture Victoria "Managing Queensland fruit fly in your home garden." See also their website for more info. agriculture.vic.gov.au/biosecurity/pest-insects-and-mites/priority-pest-insects-and-mites/queensland-fruit-fly

For home gardeners, wanting a good, clean harvest, be aware of this pest. They recommend:

- Use traps to monitor QFF
- Use a controlled method ie exclusion nets or insecticides
- Inspect ripening fruit sting marks on skins and check cut fruit
- Good hygiene remove rotten and fallen fruit
- Don't spread it. Keep home grown fruit at home.



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Market Night

What a fun market night it was for the November meeting! I was worried when I arrived early to do the setup. Only to discover landscape students doing their final presentations in the rooms (MB10 & MB11) planned for the market.

We were able to relocate to the main hall. However, that necessitated many more tables to be rearranged. Special thanks to the early arrivals, who helped set up - Chris Trimnell and Paula Taylor (card and book ladies), secretary Sam, Meridith, Dorota and Mem. There were a variety of display tables with every stall-holder contributing to the raffle prizes.

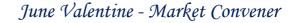


- The Herb Society sold plants, books and soaps.
- Meridith sold tussie mussies, plants, jams and sachets.
- Jan sold teas and scones.
- Sam sold bush food plants.
- Marina and Naomi sold plants, including usual and medicinal herbs.
- Chris sold homemade cards.
- Paula sold her fairy book.
- Janine sold clove rings.
- Anne sold photographic cards.
- Carmen had dried lemon-scented leaves to give out.

Most people stayed for supper. Thankyou Mary for that delicious lemon meringue pie you made.

Thanks, Meridith, for the good publicity and to everyone else who helped, especially with the washing up, packing up, and restoration of the original room setup.

I am happy to receive any comments and suggestions from this market and future ones.









Ed Note: A very, very big thankyou to June for her hard work in organising the market event, over several months and on the big night, gathering and manning the huge HSOV stall. It was a bit of a shock to see the large hall with row after row of desks and chairs to be moved and then all moved back again at the end of the night. It would have been good to see more people there, as it was a great market. For those who didn't make it, you really missed out!

The homemade cards were fabulous with the small cost surely not redeeming the amount of work in them. I bought one of the little fairy books for my great niece, it's so lovely and even has fairy recipes at the back. Anyone for Fairy Mint and Flower Salad or Moonbeam Cupcakes? And all proceeds of the book go to an East Timorese charity.

It was fabulous to have Herbalists with stalls of specialty teas, plants and seeds and bush food plants. I couldn't resist a wee plant purchase (really who can?) as the selection was very interesting and certainly some I had not seen before. I had my own stall and had been making Tussie Mussies almost in my sleep since the night before (I still dream TMs!)

Many thanks to June and Lesley (and my Aunt) for allowing to 'prune' their garden to provide the vast collection of flowers and herbs to make so many TMs. My stall also had some jams with a taste test of my rather strange, both sweet and savoury, Apple with Lemon-Tyme and Sage Jelly. For those that bought it, I have eaten it on toast as jam, used it in cooking pork and the other night I mixed a little with soy sauce to coat tofu and cook to crisp in the air fryer. Um...it really did taste better than it sounds!

Well, credit to all those who participated as stall holders, contributors, helpers, browsers or shoppers. We hope you had a very Happy Herbie time. Once again, many thanks to June.





What Herb am I?

5 Points My essential oil is used to energise and uplift the mind.

4 Points I'm sometimes known as the Kiing of herbs

3 Points A bright green leafy annual, I'm in the mint family Lamiaceae

2 Points I'm often paired with tomatoes, both in cooking and companion planting.

1 Point I grow extra tall in Greece!

I AM ____ _ _ _ _ _ _ _ Answer page 13

Vale Ro Lawson

Ro (Rosalie) Lawson, joined HSOV shortly after it was formed, in 1982 and continued to be a member throughout her life. The most fitting tribute, below was provided by her daughter, Anne.

It is with a sad heart that I wish to let you know that my mother, Ro Lawson recently passed away. The Herb Society played a big part in her life. She enjoyed the meetings and loved to learn more about herbs. With my Dad, Ivo, in tow they went on a number of trips with the Herbies. Though probably the thing she loved the most was making friends. Nan Ingliss and Ruth Langley were long term friends. Sadly, she found that she was unable to participate over the last years, but still avidly read 'The Herbage', and passed it onto me and then posted it to a friend in Sydney. And she has passed on her love of gardening to her four children! Anne Lawson

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Herbal Workshops Arvo and Tea

We had around 30 people attend the Herbal Preparations Workshop, on the afternoon of Saturday 28th October. The Friends of Burnley Gardens held their plant sale from mid morning, wrapping up as we were to start. Perfect timing to snaffle a hardy plant or 2 and many Herbies did exactly that. The FOBG also had a pop-up CWA stand, which apparently went very well too.

The workshop started with our fearless leader, Jan Illingworth who took us a tea journey with some Greek inspired tea for us to take home. It included Mountain Tea, Lemon Verbena and Olive Leaf – all in the right balance to improve health. The history of tea is fascinating – did you know it is the most popular beverage in the world, second in consumption only to water. The 5 tasting samples throughout the presentation, from white to green to black and a couple in between suited me fine, being one among millions of avid tea drinker. Thanks to Jan's gorgeous daughter for pouring all those cups of tea!

Examples of tea recipes for what alls you;
Colds & flus; Elderflower, Herb Robert, Lemon Balm,
Peppermint, Sage, Thyme, Yarrow
Heart: Hawthorn, Cinnamon, Borage, Olive Leaf.
Diabetes; Cardamon, Cinnamon, Clove, Ginger, Tea
High Cholesterol; Artichoke, Bitter Lemon,
High Blood Pressure: Cinnamon, Dandellon leaf, Green
Tea, Lime Blossom, Olive leaf, Yow
Arnoicty, Lemon Balm, Lime Blossom,
Anaemia, Nettet, Hawthorn
Antiviral; Holy Basil, Muliberry, Rosemary, Sage,
Thyme,
Bacteria infections; Calendula, Bay Leaf, Liquorice, Red
Clover
Fungal infections; Calendula, Cinnamon, Clove, Ginger,
Green Tea, Holy Basil, Juniper, Lovender, Thyme
UTI; Paraley, Nettle, Pellitory of the Wall, Dandelion
loaf

Tea comes from the Camillia Sensis plant, one of which was on display and as if course native to China, who protected its supply for centuries. Always popular, once the secret was out though, plantations spread quickly in the sup-tropical climates it likes best. Humble tea has opened trading routes, been behind slavery. wars, and won and lost fortunes. Jan went into harvesting and preparation techniques which can affect the flavour.

But it's all about taste. Tea has many beneficial properties with a caution listed. If anemic, it can reduce iron absorption. How do you make a perfect cuppa? Jan went into that too, as well as recipes, herbal teas, ratios and preparations, an a few tips. If making herb teas with bitter herbs, add lavender, mint or lemon verbena. Jan provided a huge list of teas for what ails you from colds and flus to anxiety and fungal infections. Looks like there's a tea for everything!

Of course, then it was afternoon tea, with Jan's scones with jam and cream, Marie and June slices and a few other offerings to have with...you guessed a cup of tea...herbal of course for most of us. June manned the HSOV stall with herb plants and pre-loved books selling like hot-cakes!







Then to the second workshop (wow that really was amazing value for \$10 for members!) with Jill Cheah. Another amazingly knowledgeable and generous herbalist/naturopath, Jill went through the types of herbal preparations and how they differ from each other. So next time you go to buy an wash, compress, ointment, lotion, cream, liniment possibly even a poultice, be aware that these are well defined separate products, based on water or oil contents and preparation methods.

Jill went into some of the best herbs and healing plants to use in preparations for different complaints. Cleavers for detoxing, chickweed and plantain to cool and reduce itchiness just a couple of examples. Here's a tip for you. Got a splinter in the finger that just won't budge? Put on something squishy (yes squishy) and wrap it up. That may be any healing herb, so long as it is moist and squished up. The liquid will swell the splinter and force it out.

Jill also provided some easy and quick preparations, like adding lemon balm or comfrey to baths to help easy tired muscles. Jill only had time to make one preparation which was quickly snapped up. Luckily, she had some she made earlier for us to take home. As I type, I have on the Lemon Balm Lip Balm (say that 10 times quickly), which is so silky and soothing. Did I say that the whole afternoon was only \$10? What serious value, it costs more than that to buy a lip balm.



It was lovely to see a few people attend who we haven't seen for some time, as well as some people join for the first time too. And a great delight to have a couple of new members join the HSOV too. I hope you enjoyed it. HSOV is an always evolving group, so feel free to have your say about the day. Learning is not one way. After helping with packing up and heading home, I sure was feeling TEA-riffic! Thanks everyone involved in making this day happen and especially the 2 presenters, Jan and Jill.

Meridith Hutchinson

Burnum Burnum

I've recently been thinking a lot about a particular indigenous Elder of the past whom I met ever so briefly through herbs and I will respectfully do my best to recall in this article. Burnum Burnum, (1936-1997) was one of headline speakers from NSW (also the Herbalist Dorothy Hall from Sydney) at the Herb Conference in Eltham back in early 1980. It was that conference, or really the overwhelming support for it, that set in motion the establishment of the Herb Society of Victoria soon afterwards in June 1980.

Burnum Burnum of Woiwurrung and Yorta Yorta parents, was a man of many parts; a child of the stolen generations, a sportsman, activist, advocate, actor, to name a few; and a great story teller with much to tell. In 1988, he planted the Aboriginal flag on the white cliffs of Dover, laying claim to England and published a Traveler's Guide to Aboriginal Australia, the first travel book from an indigenous perspective.

I met this amazing man briefly during the 1980 conference; the image of his long white beard and strong eyes, still quite crisp in my mind. I do remember him talking about the drought, which had been parching the land for a couple of years by then. He said it would not break for at least another 2 years and how there was a useful native plant to reduce thirst. Unfortunately, since I was there for kitchen duties, I missed most of the presentations, managing to only catch a few minutes here and there, and missed his talk completely.

If you never believed in ESP, then now is the time to reconsider it. After I had been stretching my memory of that brief meeting with Burnum Burnum for days, my Aunt rang me out of the blue to say she had been thinking of him; it is the first time we have spoken of him that I can recall. My Auntie Maureen was also volunteering in the kitchen (pretty much running it really). He had arrived after lunch and everyone was already in the next session. Auntie Maur rustled up a meal for him and they had quite a long chat before the next interval.

I'm sure many of the hundreds at that Herb Conference in early 1980, who saw Burnum Burnum speak would have come away impressed with his frank grit and his gentleness. I wish I had seen his presentation or could find a chronicle of it. Perhaps there is something tucked away in our archives or at someone's home. Or perhaps it is enough to speak with my own family Elder and tell the story as best as we can.

Meridith Hutchinson

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Profit and Loss Statement for the Fin	anciai Year ended	30 June 2023
	2023	2022
INCOME	\$	\$
interest received Bendigo Term Deposit	179.49	0.
interest Received	1.31	1.
membership/subscription	2,633.71	1,906.
raffle	168.00	190.
sale of plants/seeds/books	420.00	7.
donations	276.00	280.
Refunded general expense	193.60	
Refunded conference expense	1,320.00	
conference related	8,163.39	280.
TOTAL INCOME	13,355.50	2,665.
EXPENSES		
bank charges	0.00	0.
donations & gifts	100.00	452.
insurance /CAV	391.47	240.
postage	469.45	764.
printing THA	1,450.07	1,685.
raffle costs	37.60	6.
speakers' fees	600.00	300.
memberships	228.96	185.
website & media expenses	838.91	1,661.
meeting related - supper etc	55.00	106.
library additions	0.00	0.
plants	860.61	
conference related	7,330.51	1,320.
TOTAL EXPENSES	12,362.58	6,722.
NET PROFIT/LOSS	992.92	-4,057.
Balance Sheet for the Financial	Year ended 30 Jun	e 2023
ASSETS AND LIABILITIES	2023	2022
CURENT ASSESTS	\$	\$
cash on hand - raffle door and plant float	140.00	140.
petty cash	400.99	451.
balance statement account	14,684.51	13,820.
Bendigo Bank Term Deposit	18,116.65	17,937.
TOTAL ASSETS	33,342.15	32,349.
LIABILITIES		
deposit held for conference	1,500.00	1,500.
TOTAL LIABILITIES	1,500.00	
TOTAL ASSETS AND LIABILITIES	31,842.15	30,849.
MEMBERS FUNDS		
retained earnings	30,849.23	34,906.
	50,045.25	34,500.
current year surplus/deficit	992.92	-4,057.

Treasurer's Annual Report

Below is the final Profit and Loss for the 17th Australian and New Zealand Herb Conference held in October 2022, where a profit of \$1825.59 was realised. Many thanks to Catherine Robinson on the subcommittee, who managed the financial records for this event.

The previous page shows the HSOV Profit and Loss and Balance Sheet, with an overall profit of \$992.92. These will be tabled at the December meeting for final approval.

Carmen Hollway, Treasurer

Herb Conference October 2022 Profit and Loss		
INCOME	\$	
Attendance Registrations	7,497.45	
Stall holders' fees	100.00	
HSOV stall (includes craft, books, raffles, food)	816.00	
Sale of leftover conference bags	30.00	
TOTAL INCOME	8,443.45	
EXPENSES		
Presentations/Activities		
Presenters	750.00	
Workshops	150.00	
Thankyou cards to presenters	16.00	
FOBG Garden tours	368.00	
Catering		
Lunches	3,220.00	
CWA Morning/Afternoon Tea	810.00	
Catering incidentals	167.00	
Marketing and incidentals		
Snap Printing - brochures	544.50	
RHS for brochure inserts	40.00	
Incidental printing	75.51	
Postage	35.10	
Banner	25.85	
Name Tags	27.00	
Conference Bags		
Bag making	80.00	
Organza bags, samples	126.40	
Soaps	120.00	
HSOV Stall		
Craft materials for HSOV stall	53.00	
Raffle tickets	9.50	
TOTAL EXPENSES	6,617.86	
NET PROFIT	1,825.59	

NOTE: 2021/22 HSOV financial year report had an expense for deposit on food truck \$1320 The food truck was cancelled and amount refunded in August 2022 (in HSOV 2022/23 report) Amount is not shown above and has no effect on the event Profit and Loss.

If undeliverable, return to: HSOV PO Box 396 CAMBERWELL VIC 3124
The Herb Age

PRINT POST 100004717

POSTAGE PAID AUSTRALIA